

My Viva Plan® is an effective solution to help you prevent and manage chronic disease

- ✓ Empowers you to achieve resiliency & better health
- ✓ You get data-driven treatment care plans
- ✓ Customized meal plans, recipes, videos and more
- ✓ Creates an accountability structure for you and your doctor



Scan the QR Code below to learn more about My Viva Plan®

